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# Damage induced in red blood cells by infrared optical trapping: an evaluation based on elasticity measurements

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**Abstract.** We evaluated the damage caused to optically trapped red blood cells (RBCs) after 1 or 2 min of exposure to near-infrared (NIR) laser beams at 785 or 1064 nm. Damage was quantified by measuring cell elasticity using an automatic, real-time, homemade, optical tweezer system. The measurements, performed on a significant number (hundreds) of cells, revealed an overall deformability decrease up to ~104% after 2 min of light exposure, under 10 mW optical trapping for the 785-nm wavelength. Wavelength dependence of the optical damage is attributed to the light absorption by hemoglobin. The results provided evidence that RBCs have their biomechanical properties affected by NIR radiation. Our findings establish limits for laser applications with RBCs. © 2016 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: [10.1117/1.JBO.21.7.075012](https://doi.org/10.1117/1.JBO.21.7.075012)]

Keywords: optical tweezers; red blood cell; elasticity; damage.

Paper 160048RR received Jan. 25, 2016; accepted for publication Jul. 1, 2016; published online Jul. 19, 2016.

## 1 Introduction

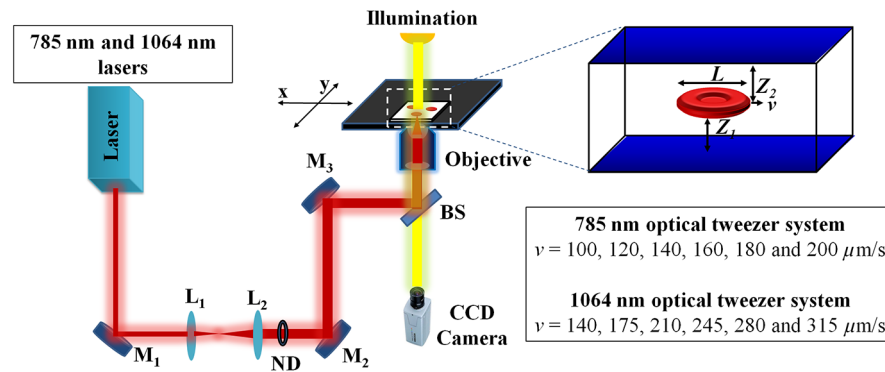
Near-infrared (NIR) laser beams have been extensively used in a variety of biophotonic applications, such as laser cutting,<sup>1</sup> non-linear microscopy,<sup>2</sup> cell microsurgery,<sup>3</sup> Raman spectroscopy,<sup>4</sup> and optical tweezers (OTs).<sup>4-14</sup> In general, biological systems present low absorption of NIR light, around 700 to 1500 nm, a spectral region localized between high protein absorption (in the visible range) and the increase of water absorption.<sup>15</sup> Conversely, lasers in the visible spectral region can induce significant damage to living organisms, even leading to cell death.<sup>16</sup> In the biomedical research field, NIR lasers are widely used in optical trapping systems, due to the low NIR light absorption by cells. As the light trapping forces are very small, OTs are employed in the study of cells and particles with dimensions on the order of tens of microns.<sup>17</sup> Moreover, the ability to apply and measure forces on the order of piconewtons has also enabled the manipulation and study of molecules, such as DNA<sup>18</sup> and chromosome fragments.<sup>3</sup> However, OTs have been mostly applied to confine or constrain single cells. The analysis of light scattering from a trapped cell can be used to identify cell size, shape, and internal complexity.<sup>19</sup> OTs have also been explored in combination with Raman spectroscopy, allowing the identification of chemical bonds in the trapped cell. This technique can be used to distinguish different bacterial species<sup>20</sup> or cancer cells from normal cells.<sup>21</sup> Moreover, OTs allow for the transport of cells in homogeneous or heterogeneous liquid media without mechanical contact. Therefore, real-time cell responses to different extracellular environmental conditions can be investigated with OTs.<sup>22</sup> Additionally, holographic OTs can be explored to select and place multiple cells in a three-dimensional

structure. This technique can be applied to the evaluation of cell proximity in the cellular differentiation process.<sup>23</sup>

OTs have also been used to study mechanical properties of red blood cells (RBCs).<sup>5-13</sup> In particular, mechanical properties of RBCs such as deformability, allow for their passage through capillaries, which is critical to their role of carrying oxygen via blood circulation. Likewise, there is some evidence that RBC deformability is correlated to some pathological conditions,<sup>7,24</sup> and, therefore, studies involving this topic are important for the medical and biomedical fields. Raj et al.<sup>25</sup> studied the molecular structural changes of a single RBC stretched by optically trapped beads attached to the cell. Nevertheless, as shown in Refs. 4 and 8, the use of Raman microspectroscopy caused considerable, irreversible damage in trapped RBCs due to exposure to a focused, 785-nm optical beam. In particular, damage induced by photochemical and photothermal processes are an important concern when biological cells are trapped. Laser power, irradiation time, and wavelength are main issues governing damage to OT cells.<sup>26</sup> In the NIR region, the action spectrum for photodamage on different biological systems, such as *Escherichia coli* and Chinese hamster ovary cells, has been reported in the literature.<sup>27,28</sup> Moreover, Leitz et al.<sup>29</sup> have shown that 760-nm laser light can induce photochemical effects in cells of the nematode *Caenorhabditis elegans*, while 800 nm exposure leads to photothermal damage. Moreover, Liu et al. have shown that NIR laser light of OTs, at 1064 nm, can induce a temperature increase on the order of 10° C/W in Chinese hamster ovary cells.<sup>30,31</sup>

In this work, we investigated the effect of NIR laser radiation on the biomechanical properties of RBCs by measuring their apparent overall elasticity.<sup>7</sup> We exposed RBCs to 10 mW of 785- or 1064-nm laser radiation during 1 or 2 min, subsequent to which elasticity measurements were performed. We show that

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**Fig. 1** Experimental design of the 785-nm and 1064-nm OT systems. Legend: M, mirror; L, lens; ND, neutral density filter; and BS, beam splitter.

the analysis of RBC elastic properties can indicate limits for NIR laser application in cell biology.

## 2 Materials and Methods

Optical damage of NIR-irradiated RBCs was evaluated by deformability analysis through elasticity measurements, exploring 785 nm and 1064 nm OT setups. After trapping the cells with 10 mW of NIR light, the laser power was increased and then the RBC elasticity was evaluated, according to a previously described procedure.<sup>5</sup>

### 2.1 Sample Preparation

All blood samples were collected from healthy donors in two 5 mL vacutainer tubes, one containing an ethylenediamine tetraacetic acid (EDTA) anticoagulant solution and another without anticoagulant. After centrifugation, the RBCs obtained from the EDTA blood tube were diluted in serum from the tube without anticoagulant in a proportion of  $0.2 \mu\text{L}/1000 \mu\text{L}$ . Large dilutions of the cells in serum were used to avoid floating cells interfering with the measurement. A volume of  $\sim 100 \mu\text{L}$  of this sample was placed in a Neubauer chamber, 100- $\mu\text{m}$  deep. In the full study, approximately 400 cells were evaluated from four different, healthy donors (report No. 001/2011).

### 2.2 Irradiation Procedure

RBC samples were exposed to 10 mW of NIR laser power during 1 or 2 min, at 785 or 1064 nm in homemade, optical trapping systems. Neutral density (ND) filters were used to control the laser power on the sample. The 785 nm optical trapping system used a diode laser (XRITA-TOPOPTICA, 785 nm) and a 60 $\times$  oil immersion objective [UplanSApo, numerical aperture (NA) = 1.35]. A 1064-nm OT system based on an Ytterbium fiber laser (IPG Photonics, 1064 nm) and 100 $\times$  oil immersion objective (Achromplan, NA = 1.25) were also used for the cell irradiation procedure. A group of RBCs, the control group, was not irradiated by the 10 mW NIR radiation before elasticity evaluation.

### 2.3 Elasticity Measurement

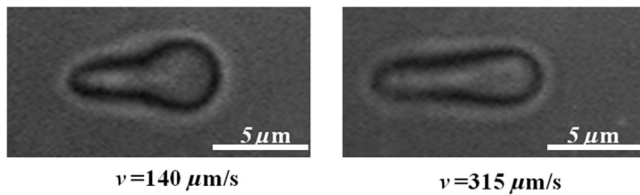
Elasticity measurements were performed exploring two homemade, optical trapping systems, with a 785-nm and a 1064-nm laser. In both systems, a telescope was used to expand the diameter of the laser beam, allowing use of the nominal NA of the

objectives. Figure 1 shows a diagram of the optical trapping systems developed. During the experiments, each RBC was submitted to a set of six drag velocities and its elasticity was obtained by correlating cell elongation with its respective velocity, as described below with more details. Thus, the lower inset of Fig. 1 indicates the drag speeds used in each system. Once trapped, the deformation of the RBCs was obtained by moving a motorized stage in the  $x$ -direction. In that process, each cell was submitted to six drag speeds (stage velocities). With a CCD camera, connected to a video-capture board (Pinnacle System), videos of the trapped cells were recorded. The video-capture procedure was synchronized with the motorized stage movement. To obtain the cell lengths, we previously calibrated the system by converting pixels to micrometers. An average cell elongation length value was obtained, for each velocity, from 10 frames for each trapped cell.

The apparent overall elasticity of the RBC ( $\mu$ ) was associated with the six elongation lengths,  $L$ , by using a linear fit in accordance with the following expression:<sup>7</sup>

$$L = L_0 + \left( \frac{\eta L_0^2}{\mu Z_{\text{eq}}} \right) v, \quad (1)$$

with  $L$  being the length of the cell after deformation,  $L_0$  is the initial cell length,  $\eta$  is the blood serum viscosity, and  $v$  is the velocity of the cell during elongation. The blood serum viscosity  $\eta$ , ( $1.65 \pm 0.10$ ) cP, was measured previously by using an Ostwald viscometer at 25°C. The cell was located at a distance  $Z_1$  from the coverslip and  $Z_2$  from the bottom of the Neubauer chamber. All trapped cells were moved to a fixed height away from the chamber and coverslip surfaces, to avoid changes in the hydrodynamic force due to glass interfaces, so that  $1/Z_{\text{eq}} = 1/Z_1 + 1/Z_2$  and, in our measurements  $Z_{\text{eq}} \sim 25 \mu\text{m}$ . The cell length  $L$ ,  $Z_1$ , and  $Z_2$  are indicated in the top right inset of Fig. 1. By automatically measuring the deformed cell length and exploring different drag speeds, the elasticity ( $\mu$ ) of the cell can be determined by linear fitting, according to Eq. (1). For the elasticity measurements, the 785-nm laser power on the sample during elongation measurements was set to approximately 80 mW. A motorized XY stage (Prior Scientific-Prior III) was associated with the 785 nm optical trapping system. Constant drag speeds (100, 120, 140, 160, 180, and 200  $\mu\text{m/s}$ ) were used during each individual cell acquisition. The laser power and drag speed values were chosen based on previous work,<sup>5</sup> such that the cell was maintained trapped at the maximum velocity applied in order to reach



**Fig. 2** RBC (from the control group) elongations during the automatic elasticity evaluation procedure using the 1064 nm optical trapping system.

a high elongation, and that reasonable differences of elongation, for each velocity applied, could be measured with confidence.

For the elasticity measurements with the 1064 nm OTs system, the laser power on the sample was set to approximately 140 mW. A motorized, computer-controlled XY stage (Prior Scientific-Prior II) was used. Six different predetermined constant drag speeds (140, 175, 210, 245, 280, and 315  $\mu\text{m/s}$ ) were set during the acquisition.<sup>5</sup>

Automatic, real-time evaluation of RBC elasticity by the OT systems and image processing techniques allowed for rapid (20 s) and reproducible evaluation of cell deformability. The whole capture process, as well as the microscope stage movements, was performed by using a Labview platform, in both systems.

### 3 Results and Discussion

Here RBCs, under optical trapping, were submitted to 10 mW of 785 or 1064-nm irradiation during 1 or 2 min. Approximately 200 RBCs (50 cells per donor) were evaluated under each system. Each one of the 400 cells was measured only once and then discarded. Immediately after irradiation, the laser power was increased by removing the ND filter and the automatic elasticity evaluation procedure was started. The elasticity of the RBCs was obtained from the length deformations in accordance with Eq. (1). Figure 2 shows images of an RBC elongated by the 1064-nm optical trapping system at two different drag speeds (140 and 315  $\mu\text{m/s}$ ). The RBC length deformation, of  $\sim 1 \mu\text{m}$ , observed in Fig. 2, is about 10 times greater than the minimal length detectable by the system (0.1  $\mu\text{m}$ ).

Figure 3 shows the behavior of cell lengths, in relation to the, respectively, applied velocities, during our elasticity measurements. Solid lines were obtained by linear fitting of the

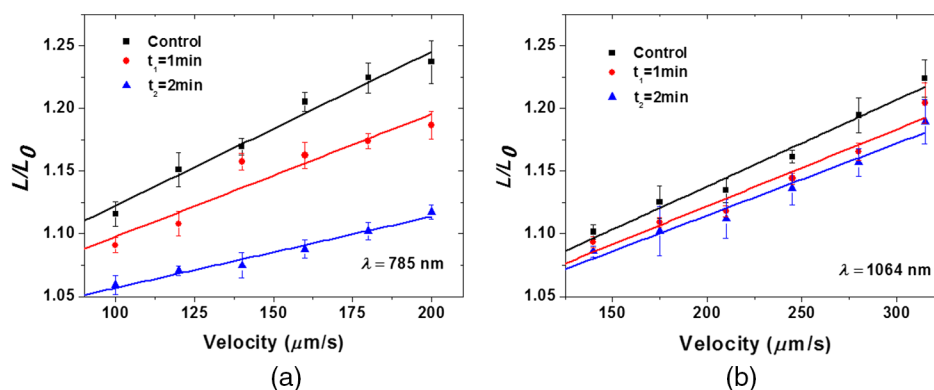
**Table 1** Elasticity measurements from the control group and after 1 or 2 min under 10 mW radiation exposure to 785- or 1064-nm laser trapping.

Wavelength (nm)	Elasticity ( $\text{dyn/cm} \times 10^{-4}$ )		
	Control	$t_1 = 1 \text{ min}$	$t_2 = 2 \text{ min}$
785	$6.7 \pm 0.3$	$10.3 \pm 0.5$	$13.7 \pm 0.5$
1064	$6.8 \pm 0.3$	$7.8 \pm 0.3$	$8.1 \pm 0.5$

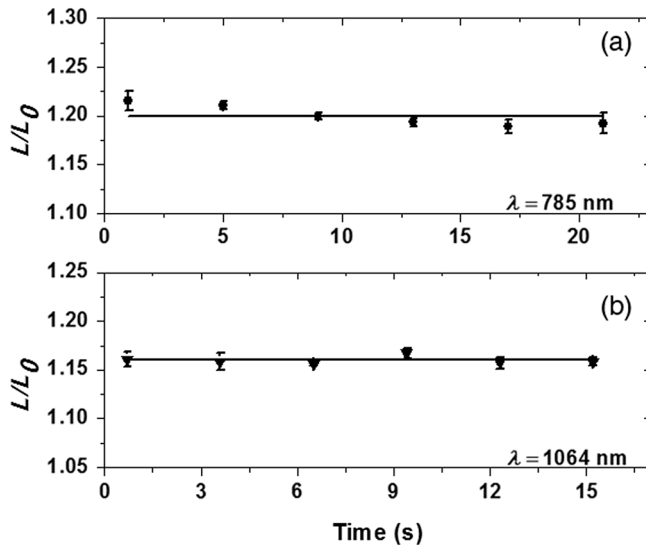
experimental data, using Eq. (1). According to Eq. (1), cell elasticity values are determined by the slopes of curves, as shown in Fig. 3. One can also notice, in Fig. 3, that the curve slope decreased for cells submitted to NIR irradiation before measurements, indicating an increase of RBC rigidity. The error bars were obtained by evaluating the standard deviation over the 10 greatest lengths, measured at each speed, for each cell. Changes in curve slopes are more significant for cells submitted to the 785 nm than to the 1064-nm laser.

Table 1 shows the elasticity values obtained for the whole cell ensemble involved ( $\sim 400$  cells). The error values are the standard errors of the mean for each group of cells. For the control samples, with no previous irradiation ( $t = 0 \text{ min}$ ), the obtained elasticity values are in accordance with prior studies.<sup>5,7,11</sup> For the cells that were exposed to 10 mW of NIR irradiation during 1 min, we observed an increase up to  $\sim 52\%$  in cell rigidity after 785-nm laser exposure, while stiffness increased  $\sim 15\%$  after 1064-nm irradiation when compared to the RBCs of the control group. When exposure time was raised to 2 min, an increase of up to  $\sim 104\%$  on cell rigidity in the 785 nm optical trap was observed, while with the 1064-nm laser it increased by  $\sim 20\%$ .

The elasticity evaluation, by the automatic system used,<sup>5</sup> takes no longer than 20 s, suggesting that RBCs have no change in their biomechanical properties due to the measurement procedure. To evaluate this hypothesis, control cells (with no previous exposure to laser irradiation) were trapped by 80 mW of 785 and 140 mW of 1064-nm laser light, elongated, and then returned to rest. This procedure was repeated six times with the same drag speed of 160  $\mu\text{m/s}$  (for 785-nm laser) and 245  $\mu\text{m/s}$  (for 1064-nm laser). The whole process was



**Fig. 3** Cell length ratios,  $L/L_0$ , in function of drag velocities, for RBCs that were previously exposed to 10 mW of laser radiation at (a) 785 nm and (b) 1064 nm, during 1 (red circle) or 2 min (blue triangle), and for RBCs of the control group (black square).



**Fig. 4** Elongation measurements for control cells: (a) for the 785 nm optical trapping system at  $160 \mu\text{m/s}$  constant velocity and (b) for the 1064 nm optical trapping system at  $245 \mu\text{m/s}$  constant velocity.

performed in a time interval of 20 s. Figure 4 shows the behavior of cell elongation under the drag procedure. During the 20 s of evaluation, the cell maintains the same elongation, indicating no change in RBC elasticity. The results shown in Fig. 4(a) (for the 785-nm laser) and Fig. 4(b) (for the 1064-nm laser) were obtained from the evaluation of 10 cells, for each trapping laser wavelength. Figure 4 indicates that the elasticity measurement procedure does not induce optical damage to cells. Therefore, the elasticity changes shown in Table 1 are expressly related to radiation exposure before measurements. During the measurement time using a 785-nm laser, there was a small (not significant) decrease in the length ratio of the cell ( $\sim 2\%$ ), when comparing the initial to the final measurements. In Fig. 4, the solid lines are only visual guides.

The biomechanics of RBCs is related to the fluid viscosity of their cytoplasm, which is dominated mostly by hemoglobin, and to the viscoelastic properties of the cell membrane, which is associated with the lipid bilayer and cytoskeleton compositions, and also to the interconnections among them with other cellular components.<sup>24</sup> Thus, changes related to membrane lipids and proteins, or hemoglobin, e.g., can modify RBC deformability, which can be determined by OT elasticity evaluation. A previous study,<sup>4</sup> with RBCs using 10 mW in a 785 nm optical trapping system coupled with Raman spectroscopy, associated optical damage to photochemical changes in the hemoglobin (for the first 500 s of NIR exposure time), followed by an increase in cell-membrane permeability. Moreover, the hemoglobin absorption coefficient at 785 nm is approximately 10 times greater than that at 1064 nm,<sup>32</sup> indicating that photodamage can also be determined by the incident laser wavelength, as shown in Table 1.

Furthermore, Brandão and coauthors showed that RBCs with hemoglobin S were significantly less elastic than normal ones.<sup>7</sup> For the present study, the NIR exposure time was no more than 120 s. In this way, the biomechanical changes observed in this work can be related to, and followed by, initial photo-induced modifications in hemoglobin after irradiation for 1 or 2 min with 785- or 1064-nm laser light.

## 4 Conclusions

As far as we know, this is the first work in the literature that evaluates optical trapping damage directly through elasticity measurements. We verify an increase in RBC rigidity by evaluating the apparent overall elasticity of the cells, after exposure to 10 mW of NIR laser radiation at 785 or 1064 nm, during 1 or 2 min. We demonstrated that, in addition to optical damage being associated with laser radiation exposure time, the cell elasticity modifications are also determined by the incident laser wavelength. We observed that the damage caused to the cell is greater at 785 nm than at 1064 nm. We observed that RBCs were up to  $\sim 104\%$  less deformable after 2 min of 785-nm laser exposure. The 2 min exposure to 10 mW of 1064-nm laser light induced an increase of up to  $\sim 20\%$  in cell rigidity. We ascribed the differences observed in optical damage to the wavelength absorption by hemoglobin. Moreover, the increase of RBC rigidity could be associated with initial changes caused optically in the hemoglobin after irradiation. Our results establish limits for laser applications in RBCs, by identifying considerable modifications to their elastic properties.

## Acknowledgments

The authors acknowledge the financial support from the Brazilian agencies CAPES/PNPD, FACEPE, CNPq, and the National Institute of Photonics.

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