Overcoming challenges in fabrication of beam shaping meta-optics using sensitive mr-EBL resist

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ABSTRACT. Shaping light to meet the needs of diverse optical applications is of utmost importance. Beam shaping allows one to alter the properties of light, enabling more complex behavior not possible with standard beams, such as Gaussian beams. Such beams have been generated using diffractive optics and more recently, metaoptics. For the latter, standard fabrication processes using electron beam lithography with the popular polymethyl methacrylate resist exist. However, there are several challenges due to the sub-wavelength features. We propose an alternate fabrication approach using a highly sensitive resist called mr-EBL resist. We show how the use of this resist reduces the patterning time, as well as the number of process steps. The process is explained with a case study on the fabrication of a meta-optical element that generates a modified Bessel beam with special properties.

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1 Introduction

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Optical beam shaping is of significant interest in diverse fields; including microscopy, material processing, and communication. This is because beam-shaping can enhance the properties of light making it more useful for many applications.^{[1](#page-7-0)} The generation of structured light with unique properties has been explored extensively. Examples include $Bessel²$ $Bessel²$ $Bessel²$ and $Airy³$ $Airy³$ $Airy³$ beams, known for their non-diffracting and self-healing ability, Laguerre Gaussian beams^{[4](#page-7-0)} possessing phase sin-gularities, Mathieu beams^{[5](#page-7-0)} with invariant optical fields, etc. While various parameters of the light can be manipulated to generate shaped light, phase manipulation is one of the most efficient ways to do so. The phase-manipulating element can be as simple as a refractive or diffractive lens. However, more complex behavior also requires more complex structures, such as arrays of nanostructures capable of arbitrary phase modulation. Certain tailor-made designs may require a spatially random phase variation and may not be efficient or easy to realize using refractive optics or simple diffractive optics. Multi-level diffractive optics could impart random phase variations with reasonable efficiency.^{[6](#page-7-0)} They are, however, difficult to fabricate due to the requirement of multiple lithography steps. Spatial light modulators are also popular devices that have greater control for imparting arbitrary phase variations.^{[7](#page-7-0)} These devices are especially useful when tunability is required or for testing out ideas during the design and development process. However, they do not have the resolution of fabricated devices. In addition, their size would increase the overall dimensions of the optical instrument they are incorporated into, which might not align with the design goals or practicality of the intended system.

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Metasurfaces have over the last decade emerged as an efficient and relatively simpler way of creating phase elements, particularly those of an arbitrary nature.^{[8](#page-7-0)} Fabrication of meta-lenses with high efficiency,^{[9](#page-7-0)} achromatic behavior,^{[10](#page-7-0)} and polarization insensitivity,^{[11](#page-8-0)} etc., has been demonstrated by many researchers. Given the nanometer-scale dimensions inherent to metasurfaces, the electron beam (e-beam) lithography process has become the predominant choice for fabrication. Despite being a well-established fabrication method, e-beam lithography suffers from a low fabrication throughput. For mass production of meta-optical elements, deep UV or nanoimprint lithography may be more viable.^{[8](#page-7-0),[12](#page-8-0)} Table 1 presents a comparison of the popular lithography techniques utilized in the fabrication of meta-optics.

Typically, meta-optical elements fabricated with e-beam lithography struggle with size scalability due to lengthy patterning times and high computational demands for complex pattern processing.^{[15,24](#page-8-0),[25](#page-8-0)} This puts a constraint on using the element for a real application or even simply testing it.^{[26](#page-8-0)} Some of the parameters that determine the patterning time are the sensitivity of the e-beam resist as well as the patterning current of the e-beam system.^{[24](#page-8-0)} The popular positive e-beam resist, poly methyl methacrylate (PMMA) has a relatively low sensitivity necessitating higher exposure doses (200 to 400 μ C/cm² at 30 keV) for effective patterning. Furthermore, PMMA has low etch resistance and is not typically used as a mask for etching.^{[27](#page-8-0)} Negative resists, such as hydrogen silsesquioxane (HSQ) and maN-2400, offer high-resolution patterns suitable for meta-optics. While HSQ possesses good etch selectivity, it requires a very high exposure dose (above 1000 μ C/cm²) and removal with hydrofluoric acid, which is not compatible with quartz substrates. $28 \text{ maN-}2400$ $28 \text{ maN-}2400$ has better sensitivity than PMMA but exhibits moderate etch selectivity to silicon.^{[29](#page-8-0)} The utilization of ultra-sensitive mr-EBL resist has been demonstrated for high-throughput patterning of diffraction gratings and has good dry etch selec-tivity for etching silicon.^{[30](#page-8-0)} Our group has recently employed mr-EBL resist for patterning a meta-optical aberration correction element.^{[31](#page-8-0)} In this paper, we present for the first time the fabrication process flow of meta-optics using mr-EBL resist for realizing polysilicon nanostructures. To provide additional context to our approach, Table [2](#page-2-0) compares the key strengths and limitations of popular e-beam resists, including mr-EBL, highlighting their suitability for patterning meta-optics.

In the fabrication of meta-optical elements typically composed of quartz/glass substrates, a charging effect during e-beam patterning is encountered.^{[36](#page-8-0)} Employing a high e-beam current can reduce patterning time, but it may lead to heating and charging effects in substrates where conductivity is not good.^{[24](#page-8-0),[37](#page-8-0)} The use of highly sensitive mr-EBL resist can effectively reduce the patterning time even when employing a low beam current.^{[30](#page-8-0)} Another critical consideration is the ease of pattern transfer from the resist to the material responsible for phase variation.

Method	Advantages	Disadvantages	Refs.
Photolithography	• High throughput for mass production • Deep UV can give high-resolution	• Not flexible for rapid prototyping • Requires mask typically written by e-beam lithography	$13 - 15$
E-beam lithography	• Very high resolution (sub-10 nm) and precise control • Suitable for rapid prototyping and research development	• Low throughput (limits the size of the 16, 17 element) • Costly equipment and requires high maintenance	
Nanoimprint lithography	• Very high feature resolution $(sub-10 nm)$ • High throughput and large-area patterning	• Master mold required (relies on e-beam lithography) • Demolding issues and pattern defects	$18 - 21$
Two-photon polymerization	• High resolution (down to 100 nm) and flexibility • Clean room facility not required	• Low throughput (layer-by-layer construction) • Expensive equipment and material compatibility issues	22.23

Table 1 Comparison of common lithography techniques used in meta-optics fabrication.

The mr-EBL resist can also be employed as an etch mask for pattern transfer, ensuring a lower number of process steps compared to PMMA-based pattern transfer.^{[35](#page-8-0),[38](#page-8-0)}

To demonstrate the advantages of mr-EBL, we take the fabrication of a specific meta-optical element as a case study. In this paper, we focus on the fabrication of an element that produces a modified Bessel beam with reduced sidelobes. The final meta-optical element, which consists of polysilicon nanostructures, operates at 1064 nm. The element is fabricated by patterning using a 30 keV e-beam system (Raith 150 TWO) on the highly sensitive mr-EBL 6000.3 resist (Micro Resist Technology). While several researchers have demonstrated the successful fabrication of meta-optical elements, very few have discussed the challenges in fabricating those elements.^{[16,39](#page-8-0)} In our paper, we also discuss the challenges associated with the conventional fabrication process of meta-optics involving the use of PMMA resist with metal lift-off and highlight the benefits of using the mr-EBL negative resist.

2 Fabrication of Meta-Optical Elements

The meta-optical element that we have chosen as a case study is one that we have designed and fabricated earlier 40 using a conventional PMMA-based technique. The element generates a modified Bessel beam with reduced sidelobes, which is relevant for light-sheet imaging applications.^{[41](#page-9-0)} The phase profile of the element is generated through the spatial multiplexing of two axicon phase functions, optimized to minimize sidelobes.^{[40](#page-8-0)} The optimized opening angles of the axicons are 0.53 deg and 0.94 deg, respectively. In certain propagation regions, the sidelobes of the two coaxially propagating Bessel beams produced by the element interfere destructively, resulting in the modified Bessel beam with reduced sidelobes. While a simple axicon has a smoothly varying phase, achievable through refractive or multi-level diffractive optics, our element has a non-uniformly varying phase. Meta-optics is particularly well-suited for realizing such phase functions, as the meta-atoms can locally impart the desired phase shifts with precision. A representative figure of a meta-optical element is shown in Fig. [1\(a\)](#page-3-0).

The meta-atoms are structured on polysilicon, which is a dielectric material with a high refractive index and low absorption coefficient at the design wavelength. The meta-atoms of choice are cylindrical nanopillars due to the polarization independence they offer. Initially, the meta-atom simulations are carried out using the finite element method with COMSOL Multiphysics. In the simulation, the height and the radius of the cylinders are swept over a range of values to determine the combination that gives full wavefront control (0 to 2π phase variation). Subsequently, a look-up table is generated, with a fixed height and varying radius [Fig. $1(b)$], that provides the full phase variation and high-uniform transmittance.[43](#page-9-0) This look-up map is then used to spatially arrange the meta-atoms based on the arbitrary phase function. While numerous

Fig. 1 (a) Sample illustration of a meta-optical element. (b) The phase and transmittance information of polysilicon cylindrical nanopillars with 480 nm pillar height. The wavelength used for simulation is 1064 nm. The period of the unit cell is 450 nm. (c) Thickness information at different points in a 4-in. wafer deposited with polysilicon using LPCVD at 640°C. (d) Optical constants of the deposited film compared against reference data.⁴²

distinct meta-atoms can impart a significant number of phase levels, the fabrication tolerances impose limitations on the achievable number of phase levels. As per scalar diffraction theory, an eight-level realization of the arbitrary phase can achieve about 95% efficiency.^{[44](#page-9-0)} Following this, the desired phase is translated into an eight-level metasurface layout using the GDS package of Python software, facilitating the use of an e-beam system for patterning.

For preparing the sample before patterning, a quartz substrate is initially cleaned with acetone and isopropyl alcohol bath followed by oxygen plasma. Then, the substrate is coated with a 480 nm polysilicon film using a low-pressure chemical vapor deposition (LPCVD) technique at 640°C. Subsequently, the optical constants and thickness of the film are evaluated using a spectroscopic ellipsometer (M2000 - JA Woollam Co.). This step is done to ensure the validity of the meta-atom simulation for the deposited polysilicon film. Figures $1(c)$ and $1(d)$ show the data relating to the thickness and optical constants obtained from the ellipsometer measurement. It can be seen that the thickness of the film is nearly uniform throughout the substrate and the optical constants closely match the reference data.^{[42](#page-9-0)}

2.1 Challenges in Patterning Using e-Beam Lithography

After depositing the dielectric material, the subsequent step involves patterning, typically done using e-beam lithography given the sizes. Patterning resolution and time are critical considerations when using e-beam lithography. The instrument parameters must be optimized to efficiently achieve the smallest feature size necessary while maintaining reasonable patterning time. The choice of resist also contributes to the minimum feature size achievable. Depending on the specific patterning requirements, a positive or negative resist may be employed. In general, positive resists are used for patterning holes, while negative resists are preferred for patterning pillars.

2.1.1 Patterning resolution

A high acceleration voltage e-beam setting while patterning can result in better resolution with appropriate proximity correction. High-end e-beam systems, which are very expensive, have a maximum acceleration voltage of up to 100 keV while moderate systems have a maximum acceleration voltage of 30 keV. In a 100 keV system, the achievable resolution is about 1/10th the resist thickness while with a 30 keV system, it ranges from $1/2$ to $1/3$ rd the resist thickness.^{[45,46](#page-9-0)} Although one can enhance patterning resolution by reducing resist thickness, this increases the challenges in the pattern transfer process.

For example, meta-optics fabrication with PMMA resist (positive-tone) typically follows a metallization and lift-off for making a hard mask for etching. In an ideal scenario, the lift-off process can be done with a PMMA thickness twice that of the metal film;^{[47](#page-9-0)} yet, practical applications may require resist thicknesses exceeding three times the metal thickness. Consequently, this imposes a constraint on the minimum thickness of the resist required for patterning, to achieve a required resolution with a specified acceleration voltage setting. With a higher acceleration voltage patterning, the thickness of the resist can be made higher, facilitating an easy lift-off. When using a negative resist, the etching can be done directly after patterning if the etch selectivity of the resist is good. In this case, the thickness of the resist determines the thickness of the underlying material that can be etched. Clearly, using a 100 keV system would be better for fabricating meta-optics, but these systems are expensive and require high exposure doses and hence, longer patterning times. Fabricating meta-optics with low acceleration voltage (below 30 keV) systems remains a challenge, necessitating careful considerations of trade-offs to attain satisfactory performance.

2.1.2 Patterning time

Conventional refractive and diffractive elements typically have a size in the order of centimeters. Due to time constraints associated with e-beam lithography patterning, researchers fabricate down-sized meta-optical elements to demonstrate the proof of concept. However, to use these meta-optical elements in a specific application (e.g., beam shaping), they need to be at least in the mm range. Even patterning millimeter-sized elements takes hours, especially when employing a low beam current in the pA range. The patterning time in an e-beam lithography patterning can be calculated from 2^4

Exposure time $=$ $\frac{\text{Exposure dose} \times \text{Exposure area}}{\text{Electron beam current}}$.

PMMA requires an exposure dose ranging from 200 to 400 μ C/cm² when using a 30 keV acceleration voltage. On the other hand, mr-EBL resists, require only about 10 to 15 μ C/cm² for the same acceleration voltage. This can reduce the patterning time to $<$ 20 times what is required with PMMA. Another way to reduce the patterning time is to opt for a larger beam current with a higher aperture. However, this may lead to the charging and drifting while patterning, especially if the substrate has low conductivity. Therefore, it is preferable to use the smallest beam current possible when patterning on such substrates. Furthermore, a lower aperture will provide better patterning, owing to the larger depth of focus of the e-beam. 37

In our fabrication process, a polysilicon-deposited sample is then coated with mr-EBL 6000.3 resist and is subsequently patterned using a Raith 150 Two e-beam lithography system. The resist is uniformly coated at a spin speed of 3000 rpm, resulting in a thickness of \approx 300 nm. After this, the resist is prebaked at 90°C for 5 min. Patterning is carried out at an acceleration voltage of 30 keV and a beam current of 18 pA, utilizing a 7.5 μ m aperture. The exposure dose applied is only 15 μ C/cm², a significantly lower value compared to other conventional e-beam resists, contributing to a reduction in patterning time. After patterning, the resist is post-baked at 110°C for 5 min, followed by development using mr-Dev 600 for 50 s.

Figure [2](#page-5-0) shows the patterns on the resist after development. In Fig. [2\(b\)](#page-5-0), the cylinders that are designed to have circular shapes with the same diameter, exhibit varying shapes. This is mainly attributed to the charging-induced pattern distortion. Furthermore, edge roughness is also observed in the patterns after development. The altered shape as well as the edge roughness will

Fig. 2 Patterned resist after development. (a) Confocal microscope image of the pattern. (b) Scanning electron microscope (SEM) image of the resist pillars (imaged after gold coating).

result in distorted structures while etching. This will affect the diffraction efficiency of the meta-optical element.^{[37](#page-8-0)} By optimizing the dose factor and the development time, a good resist profile can be obtained.

2.2 Pattern Transferring: Challenges

When patterning using PMMA, a lift-off process commonly employing e-beam evaporation (due to its directionality) is used to create a metal mask for etching. By using the mr-EBL resist, the number of process steps before etching can be reduced. Furthermore, the lift-off process can be challenging in the case of nanostructures with a high aspect ratio (which is mostly the case in metasurfaces). One of the major disadvantages of using the lift-off-based approach involving e-beam evaporation is PMMA shrinkage and PMMA bubbling resulting in improper lift-off.^{[48](#page-9-0)} In certain instances, PMMA shrinkage may prevent successful lift-off and the application of ultrasonication can enhance lift-off. However, it comes with the potential risk of small, high aspect ratio structures collapsing. Figures $3(a)$ and $3(b)$ show such cases during PMMA lift-off.

The e-beam lithography patterning using mr-EBL resist can circumvent the challenges associated with the PMMA lift-off. After developing, the patterns on the mr-EBL resist are directly transferred to the underlying polysilicon by dry etching using inductively coupled plasma reactive ion etching. The etching process is done at a chamber pressure of 15 mTorr with $SF₆$ (5 sccm) and CHF₃ (18 sccm) etch gases. The radio frequency (RF) power used is 30 W and the ICP power used is 1000 W. Finally, the resist is removed by using oxygen plasma to complete the fabrication. The element fabricated has a diameter of 1 mm. It should also be noted that dry etching may not always result in anisotropic etching. Depending on the pressure as well as the RF and ICP power, the etching may result in an isotropic etch profile, as shown in Fig. $3(c)$.

Fig. 3 (a) PMMA not properly lifted off. Lift-off is done after chromium deposition using e-beam evaporation. (b) Smaller structures were destroyed after PMMA lift-off using ultrasonication. (c) Isotropic etch profile after dry etching. SF6 etch (25 sccm) gas at 40 mTorr chamber pressure is used for etching. RF power used is 50 W and ICP power used is 0 W.

3 Optical Testing of the Meta-Optical Elements

We employed the process flow given in Fig. $4(a)$ to fabricate the meta-optical element. The fabricated element [Fig. 4(b)] successfully generates a modified Bessel beam with reduced sidelobes. The planar and the tilted images of the pillars are presented in Figs. $4(c)$ and $4(d)$, respectively. While cylindrical pillars exhibit imperfections, including distortion and surface roughness, they possess reasonably well-defined vertical sidewalls.

The meta-optical element was tested using a fiber-coupled laser source (MCLS1 - Thorlabs) at 1064 nm. A fiber collimator was employed to collimate the beam and the beam size was ensured to match the size of the meta-optical element. The modified Bessel beam has a periodic nature and exhibits reduced sidelobes in the vicinity of the propagation plane, where the longitudinal wavevectors of two co-propagating Bessel beams coincide ($z = 0$ plane). The period is calculated as $2\pi/|k_{z1} - k_{z2}|$,^{[49](#page-9-0)} resulting in a value of 47 mm for the fabricated element. This periodic behavior can be observed to the extent of the minimum depth of focus (61 mm) among the two Bessel beams. The modified Bessel beam is captured in the propagation region (centered about 47 mm) to observe the reduced sidelobes. Figure [5](#page-7-0) shows the experimentally generated modified Bessel beam using the fabricated meta-optical element.

Analysis of Figs. $5(a)$ and $5(b)$ reveals that the modified Bessel beam exhibits a reduced sidelobe peak intensity. The standard Bessel beam has a sidelobe peak intensity of 16% that of the main lobe peak intensity. In contrast, the modified Bessel beam demonstrates a reduced sidelobe peak of 6.8% at the $z = 0$ plane. The $1/e^2$ radius of the generated beam is 51 μ m, aligning closely with the design value of 44 μ m. The sidelobe peak intensity of the generated beam remained below 10% over a propagation distance of about 20 mm. The two rings in the far field intensity profile [Fig. [5\(c\)](#page-7-0)] of the generated beam indicate two coaxially propagating Bessel beams. The far-field intensity profile also reveals the presence of a zeroth-order [inside the dotted circle in Fig. $5(c)$]. This zeroth-order mainly arises due to the structural distortion which reduces the diffraction efficiency of the generated beam. The non-uniform nature of the phase function realized also plays a role in this unwanted zeroth order. The meta-atom simulation is done with a periodic boundary condition (assuming infinite periodicity) and any deviation from a periodic nature (which is the case practically) will result in phase variations. The zeroth-order beam can

Fig. 4 Meta-optics fabrication. (a) Process flow of the fabrication with mr-EBL 6000.3 resist. SEM image of the (b) fabricated element, (c) planar view of the meta-atoms, and (d) tilted view of the meta-atoms.

Fig. 5 Experimental results. (a) Cross-sectional intensity profile of the modified Bessel beam. (b) Line intensity profile along the x-axis of the modified Bessel beam. (c) Far-field intensity profile of the generated beam.

affect the propagation-invariant nature of the modified Bessel beam. With sophisticated design and fabrication, the presence of the zeroth order may be reduced, but it is a challenging task. Alternatively, spatial filtering in the Fourier space can remove the zeroth order, which is more practical.

4 Conclusions

We successfully fabricated a meta-element combining two axicon functions. This element efficiently generated a modified Bessel beam with reduced sidelobes. The fabrication of this meta-optical element was carried out using the relatively new highly sensitive negative resist, mr-EBL 6000.3. This choice enabled a significantly faster patterning process compared to conventional e-beam lithography employing the popular PMMA resist, particularly with low beam current. Our fabrication involves a minimal number of process steps, enhancing the throughput and reliability of meta-optics fabrication.

Code and Data Availability

Data underlying the results presented in this paper are not publicly available at this time but may be obtained from the authors upon reasonable request.

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